27-30 January 2022

2022 Gauteng Powerlifting Championships

CLASSIC POWERLIFTING WOMEN	Name	Team	Bwt - kg	Birth Year	SQ-1	SQ-2	SQ-3	Best SQ		BP-1	BP-2	BP-3	Best BP		DL-1	DL-2	DL-3	Best DL	PL Total	Best Lifters	Place	IPF GL Points	Qual for SA Raw	Qual for SA EQ
Youth																								
MW	Talitha De Wet	Bull	57,00	Aug-08	60,0	70,0	80,0	80,0		30,0	35,0	37,5	37,5		80,0	95,0	102,5	102,5	**220,0**		1	51,60	Q	
	Morgan Kemp	Bull	62,50	Nov-08	50,0	60,0	65,0	65,0		27,5	-32,5	-32,5	27,5		65,0	75,0	87,5	87,5	**180,0**		2	39,58	Q	
HW	Gila Smith	2	67,05	Jan-09	80,0	90,0	-100,0	90,0		45,0	50,0	-55,0	50,0		110,0	120,0	-125,0	120,0	**260,0**	**Best Youth**	1	54,75	Q	
Subjunior																								
52	Ilana Buck	Bull	51,15	Jan-07	70,0	77,5	82,5	82,5		37,5	42,5	45,0	45,0		85,0	95,0	105,0	105,0	**232,5**		1	59,55	Q	Q
57	Surina Devnarain	SoS	56,20	May-04	75,0	80,0	85,0	85,0		37,5	40,0	42,5	42,5		80,0	90,0	95,0	95,0	**222,5**		1	52,75	Q	Q
	Kylie Thomas	SoS	54,20	Apr-06	50,0	55,0	60,0	60,0		35,0	37,5	-40,0	37,5		65,0	75,0	80,0	80,0	**177,5**		2	43,30	Q	Q
63	Mijuane De Wet	Bull	62,85	Mar-06	115,0	125,0	132,5	132,5		60,0	65,0	0,0	65,0		120,0	135,0	150,0	150,0	**347,5**	**Best SJ**	1	76,14	Q	Q
69	Gaia Mottalini	Yard	68,80	Jan-04	90,0	100,0	110,0	110,0		52,5	60,0	65,0	65,0		100,0	120,0	-125,0	120,0	**295,0**		1	61,22	Q	Q
76	Sonam Singh	Ind	74,20	Aug-07	70,0	80,0	90,0	90,0		-40,0	45,0	-52,5	45,0		100,0	120,0	135,0	135,0	**270,0**		1	53,85	Q	Q
84	Gabriella Poxon	Ind	80,10	Sep-04	30,0	40,0	50,0	50,0		30,0	35,0	40,0	40,0		65,0	72,5	85,0	85,0	**175,0**		1	33,70	Q	Q
Junior																								
57	Alexandra Mundell	Ind	54,60	Mar-99	102,5	110,0	115,0	115,0		67,5	72,5	75,0	75,0		127,5	140,0	147,5	147,5	**337,5**	**Best Junior**	1	81,85	Q	
	Nicole Hasell	Ind	56,25	Mar-01	107,5	-117,5	-117,5	107,5		57,5	62,5	-65,0	62,5		135,0	-142,5	-145,0	135,0	**305,0**		2	72,26	Q	
	Aimee Grefen	Bull	54,75	Apr-03	80,0	90,0	100,0	100,0		37,5	42,5	47,5	47,5		100,0	115,0	125,0	125,0	**272,5**		3	65,94	Q	
	Luca Du Toit	Ind	54,60	Nov-00	80,0	100,0	110,0	110,0		30,0	40,0	-45,0	40,0		80,0	100,0	110,0	110,0	**260,0**		4	63,05	Q	
69	Caitlin Poxon	1610	67,30	Jun-00	105,0	112,5	120,0	120,0		57,5	62,5	65,0	65,0		110,0	120,0	130,0	130,0	**315,0**		1	66,19	Q	
84+	Karin Du Plessis	1610	98,80	Sep-00	105,0	115,0	125,0	125,0		55,0	62,5	67,5	67,5		100,0	115,0	130,0	130,0	**322,5**		1	57,71	Q	
Open																								
47	Firdaus Cassim	Ind	46,40	Mar-95	-60,0	-60,0	60,0	60,0		25,0	27,5	-30,0	27,5		-70,0	70,0	82,5	82,5	**170,0**		1	47,73	Q	
52	Giulia Muto	Bull	51,75	Jun-87	110,0	-120,0	-120,0	110,0		65,0	70,0	0,0	70,0		115,0	125,0	132,5	132,5	**312,5**		1	79,24	Q	
	Alexa Pentopoulos	Bull	50,95	Dec-94	90,0	100,0	105,0	105,0		40,0	45,0	50,0	50,0		95,0	105,0	112,5	112,5	**267,5**		2	68,76	Q	
	Ilana Buck	Bull	51,15	Jan-07	70,0	77,5	82,5	82,5		37,5	42,5	45,0	45,0		85,0	95,0	105,0	105,0	**232,5**		3	59,55	Q	
57	Alexandra Mundell	Ind	54,60	Mar-99	102,5	110,0	115,0	115,0		67,5	72,5	75,0	75,0		127,5	140,0	147,5	147,5	**337,5**		1	81,85	Q	
	Nicole Hasell	Ind	56,25	Mar-01	107,5	-117,5	-117,5	107,5		57,5	62,5	-65,0	62,5		135,0	-142,5	-145,0	135,0	**305,0**		2	72,26	Q	
	Aimee Grefen	Bull	54,75	Apr-03	80,0	90,0	100,0	100,0		37,5	42,5	47,5	47,5		100,0	115,0	125,0	125,0	**272,5**		3	65,94	Q	
	Andrea Ferreira	Bar	55,95	May-92	80,0	90,0	100,0	100,0		40,0	0,0		40,0		100,0	110,0	120,0	120,0	**260,0**		4	61,86	Q	
	Luca Du Toit	Ind	56,25	Nov-00	80,0	100,0	110,0	110,0		30,0	40,0	-45,0	40,0		80,0	100,0	110,0	110,0	**260,0**		5	61,60	Q	
	Giovanna Winetzki	Bar	54,50	Jul-92	70,0	80,0	85,0	85,0		35,0	0,0		35,0		100,0	110,0	-120,0	110,0	**230,0**		6	55,86	Q	
	Surina Devnarain	SoS	56,20	May-04	75,0	80,0	85,0	85,0		37,5	40,0	42,5	42,5		80,0	90,0	95,0	95,0	**222,5**		7	52,75	Q	
	Dom De Gouveia	Yard	56,25	Oct-91	70,0	80,0	0,0	80,0		40,0	45,0	50,0	50,0		80,0	90,0	0,0	90,0	**220,0**		8	52,12	Q	
	Carol Anthony	SoS	55,30	May-66	60,0	0,0		60,0		35,0	0,0		35,0		105,0	0,0		105,0	**200,0**		9	48,02	Q	
	Kylie Thomas	SoS	54,20	Apr-06	50,0	55,0	60,0	60,0		35,0	37,5	-40,0	37,5		65,0	75,0	80,0	80,0	**177,5**		10	43,30		

63	Daniella Da Silva	Bull	58,65	Feb-97	110,0	120,0	130,0	130,0		55,0	60,0	-65,0	60,0		130,0	145,0	160,0	160,0	**350,0**		1	80,40	Q	
	Mijuane De Wet	Bull	62,85	Mar-06	115,0	125,0	132,5	132,5		60,0	65,0	0,0	65,0		120,0	135,0	150,0	150,0	**347,5**		2	76,14	Q	
	Nicole Cupp	Bull	62,30	Jul-92	100,0	110,0	115,0	115,0		60,0	65,0	-67,5	65,0		130,0	145,0	155,0	155,0	**335,0**		3	73,83	Q	
	Chevonne Roos	Yard	60,00	Jan-94	110,0	120,0	127,5	127,5		57,5	65,0	70,0	70,0		115,0	130,0	-140,0	130,0	**327,5**		4	74,03	Q	
	Antoinette Kriel	Bar	57,20	Sep-71	80,0	0,0		80,0		70,0	80,0	87,5	87,5		110,0	0,0		110,0	**277,5**		5	64,92	Q	
	Marieke Van Linge	Bull	61,65	Dec-72	75,0	82,5	87,5	87,5		40,0	42,5	-45,0	42,5		95,0	110,0	117,5	117,5	**247,5**		6	54,92	Q	
	Stephanie Carter	Yard	61,90	Apr-89	50,0	60,0	65,0	65,0		55,0	60,0	65,0	65,0		80,0	90,0	100,0	100,0	**230,0**		7	50,90	Q	
	Caroline Wolf	1610	59,20	Apr-79	75,0	80,0	85,0	85,0		37,5	40,0	42,5	42,5		80,0	90,0	95,0	95,0	**222,5**		8	50,77	Q	
	Annemie Van Wyk	1610	61,50	Apr-86	60,0	-65,0	65,0	65,0		37,5	42,5	-45,0	42,5		85,0	92,5	97,5	97,5	**205,0**		9	45,57		
	Amelia Krishna	Ind	62,20	Jun-92	110,0	127,5	-135,0	127,5		-50,0	-55,0	-55,0	0,0		140,0	0,0		140,0	**0,0**			0,00		
69	Laura De Wet	Bull	67,35	Nov-74	125,0	135,0	140,0	140,0		67,5	72,5	75,0	75,0		150,0	170,0	180,0	180,0	**395,0**	**Best Open**	1	82,97	Q	
	Amanda Meyer	Ind	67,15	Dec-80	122,5	130,0	135,0	135,0		72,5	-77,5	-77,5	72,5		145,0	152,5	157,5	157,5	**365,0**		2	76,80	Q	
	Kimberley Beyl	Ind	67,05	Dec-93	100,0	110,0	117,5	117,5		55,0	60,0	62,5	62,5		140,0	152,5	160,0	160,0	**340,0**		3	71,60	Q	
	Dominique Smith	Bull	67,25	Jun-93	100,0	110,0	117,5	117,5		60,0	-65,0	-65,0	60,0		140,0	150,0	-160,0	150,0	**327,5**		4	68,85	Q	
	Kristl-Joy Kannemeyer	Ind	64,75	Oct-83	110,0	-115,0	115,0	115,0		60,0	-67,5	67,5	67,5		120,0	132,5	-140,0	132,5	**315,0**		5	67,74	Q	
	Caitlin Poxon	1610	67,30	Jun-00	105,0	112,5	120,0	120,0		57,5	62,5	65,0	65,0		110,0	120,0	130,0	130,0	**315,0**		6	66,19	Q	
	Gaia Mottalini	Yard	68,80	Jan-04	90,0	100,0	110,0	110,0		52,5	60,0	65,0	65,0		100,0	120,0	-125,0	120,0	**295,0**		7	61,22	Q	
	Liza Jansen	SoS	65,65	Dec-86	70,0	75,0	80,0	80,0		37,5	42,5	45,0	45,0		90,0	100,0	107,5	107,5	**232,5**		8	49,58	Q	
	Gaenor Wolf	1610	67,75	May-76	60,0	65,0	70,0	70,0		35,0	40,0	-42,5	40,0		100,0	110,0	115,0	115,0	**225,0**		9	47,10		
76	Olivia Perotti	1610	73,90	Jan-89	140,0	147,5	-152,5	147,5		65,0	67,5	70,0	70,0		145,0	155,0	-162,5	155,0	**372,5**		1	74,44	Q	
	Zanele Nqwenya	1610	74,95	Mar-79	110,0	117,5	125,0	125,0		60,0	62,5	-65,0	62,5		140,0	150,0	155,0	155,0	**342,5**		2	67,98	Q	
	Chantelle Du Toit	1610	75,50	Jul-85	75,0	85,0	95,0	95,0		65,0	70,0	75,0	75,0		100,0	120,0	132,5	132,5	**302,5**		3	59,83	Q	
	Monica Longhurst	Chaos	72,50	Jul-80	-100,0	105,0	110,0	110,0		62,5	70,0	75,0	75,0		100,0	110,0	115,0	115,0	**300,0**		4	60,53	Q	
	Sonam Singh	Ind	74,20	Aug-07	70,0	80,0	90,0	90,0		-40,0	45,0	-52,5	45,0		100,0	120,0	135,0	135,0	**270,0**		5	53,85	Q	
	Laurika Bester	1610	74,75	Dec-88	75,0	82,5	-87,5	82,5		45,0	50,0	-52,5	50,0		90,0	102,5	107,5	107,5	**240,0**		6	47,69		
84	Elmarie van Rheede van Oudtshoorn	Bull	82,55	Aug-85	125,0	135,0	140,0	140,0		72,5	77,5	80,0	80,0		165,0	180,0	0,0	180,0	**400,0**		1	76,06	Q	
	Jacqui Rees	Bull	82,95	Mar-80	115,0	120,0	125,0	125,0		65,0	70,0	72,5	72,5		140,0	150,0	160,0	160,0	**357,5**		2	67,85	Q	
	Laura Cramb	1610	78,60	Jan-86	-70,0	70,0	75,0	75,0		40,0	42,5	45,0	45,0		90,0	100,0	110,0	110,0	**230,0**		3	44,65		
	Sandy Van Der Wel	Ind	78,95	Jul-63	-60,0	60,0	-65,0	60,0		35,0	37,5	-40,0	37,5		80,0	90,0	100,0	100,0	**197,5**		4	38,27		
	Gabriella Poxon	Ind	80,10	Sep-04	30,0	40,0	50,0	50,0		30,0	35,0	40,0	40,0		65,0	72,5	85,0	85,0	**175,0**		5	33,70		
84+	Christi Rees	Bull	103,00	Jan-86	140,0	155,0	165,0	165,0		90,0	100,0	105,0	105,0		150,0	160,0	180,0	180,0	**450,0**		1	79,64	Q	
	Morgana Robbertze	SoS	105,60	Jul-80	105,0	117,5	127,5	127,5		70,0	77,5	80,0	80,0		175,0	190,0	202,5	202,5	**410,0**		2	72,12	Q	
	Marina Van Der Linde	SGS	88,20	Jul-83	130,0	140,0	150,0	150,0		62,5	70,0	75,0	75,0		150,0	160,0	170,0	170,0	**395,0**		3	73,25	Q	
	Phokwane Moloele	Bull	88,25	Jan-77	125,0	-135,0	-135,0	125,0		70,0	-75,0	75,0	75,0		130,0	150,0	157,5	157,5	**357,5**		4	66,28	Q	
	Lauren Van Rooyen	Bull	98,90	Oct-93	125,0	-135,0	135,0	135,0		60,0	65,0	70,0	70,0		130,0	150,0	-155,0	150,0	**355,0**		5	63,50	Q	
	Lauren Jones	Ind	100,95	Oct-77	110,0	-120,0	-120,0	110,0		50,0	65,0	-75,0	65,0		120,0	140,0	160,0	160,0	**335,0**		6	59,60	Q	
	Karin Du Plessis	1610	98,80	Sep-00	105,0	115,0	125,0	125,0		55,0	62,5	67,5	67,5		100,0	115,0	130,0	130,0	**322,5**		7	57,71	Q	
	Vleen Serge	Bull	96,00	Jan-86	115,0	-125,0	-125,0	115,0		47,5	52,5	57,5	57,5		120,0	140,0	147,5	147,5	**320,0**		8	57,73	Q	
	Samali Bosa	Bull	92,20	Oct-61	50,0	60,0	65,0	65,0		40,0	45,0	-50,0	45,0		90,0	100,0	105,0	105,0	**215,0**		9	39,28		
Master 1																								
63	Caroline Wolf	1610	59,20	Apr-79	75,0	80,0	85,0	85,0		37,5	40,0	42,5	42,5		80,0	90,0	95,0	95,0	**222,5**		1	50,77	Q	
69	Laura De Wet	Bull	67,35	Nov-74	125,0	135,0	140,0	140,0		67,5	72,5	75,0	75,0		150,0	170,0	180,0	180,0	**395,0**	**Best M1**	1	82,97	Q	
	Amanda Meyer	Ind	67,15	Dec-80	122,5	130,0	135,0	135,0		72,5	-77,5	-77,5	72,5		145,0	152,5	157,5	157,5	**365,0**		2	76,80	Q	
	Gaenor Wolf	1610	67,75	May-76	60,0	65,0	70,0	70,0		35,0	40,0	-42,5	40,0		100,0	110,0	115,0	115,0	**225,0**		3	47,10		

76	Zanele Nqwenya	1610	74,95	Mar-79	110,0	117,5	125,0	125,0		60,0	62,5	-65,0	62,5		140,0	150,0	155,0	155,0	**342,5**		1	67,98	Q	
	Monica Longhurst	Chaos	72,45	Jul-80	-100,0	105,0	110,0	110,0		62,5	70,0	75,0	75,0		100,0	110,0	115,0	115,0	**300,0**		2	60,55	Q	
84	Jacqui Rees	Bull	82,95	Mar-80	115,0	120,0	125,0	125,0		65,0	70,0	72,5	72,5		140,0	150,0	160,0	160,0	**357,5**		1	67,85	Q	
84+	Morgana Robbertze	SoS	105,60	Jul-80	105,0	117,5	127,5	127,5		70,0	77,5	80,0	80,0		175,0	190,0	202,5	202,5	**410,0**		1	72,12	Q	
	Phokwane Moloele	Bull	88,25	Jan-77	125,0	-135,0	-135,0	125,0		70,0	-75,0	75,0	75,0		130,0	150,0	157,5	157,5	**357,5**		2	66,28	Q	
	Lauren Jones	Ind	100,95	Oct-77	110,0	-120,0	-120,0	110,0		50,0	65,0	-75,0	65,0		120,0	140,0	160,0	160,0	**335,0**		3	59,60	Q	
Master 2																								
57	Carol Anthony	SoS	55,30	May-66	60,0	0,0	0,0	60,0		35,0	0,0		35,0		105,0	0,0		105,0	**200,0**		1	48,02	Q	
63	Antoinette Kriel	Bar	57,20	Sep-71	80,0	0,0		80,0		70,0	80,0	87,5	87,5		110,0	0,0		110,0	**277,5**	**Best M2**	1	64,92	Q	
	Marieke Van Linge	Bull	61,65	Dec-72	75,0	82,5	87,5	87,5		40,0	42,5	-45,0	42,5		95,0	110,0	117,5	117,5	**247,5**		2	54,92	Q	
84	Sandy Van Der Wel	Ind	78,95	Jul-63	-60,0	60,0	-65,0	60,0		35,0	37,5	-40,0	37,5		80,0	90,0	100,0	100,0	**197,5**		1	38,27	Q	
Master 3																								
84+	Samali Bosa	Bull	92,20	Oct-61	50,0	60,0	65,0	65,0		40,0	45,0	-50,0	45,0		90,0	100,0	105,0	105,0	**215,0**	**Best M3**	1	39,28	Q	
CLASSIC POWERLIFTING MEN	**Name**	**Team**	**Bwt - kg**	**Birth Year**	**SQ-1**	**SQ-2**	**SQ-3**	**Best SQ**		**BP-1**	**BP-2**	**BP-3**	**Best BP**		**DL-1**	**DL-2**	**DL-3**	**Best DL**	**PL Total**		**Place**	**IPF GL Points**		
Subjunior																								
59	Rafi Saacks	2	56,95	Oct-05	100,0	110,0	-125,0	110,0		55,0	60,0	-65,0	60,0		155,0	165,0	170,0	170,0	**340,0**		1	57,34	Q	
	Daniel Saacks	2	56,75	Jun-07	90,0	100,0	-105,0	100,0		60,0	65,0	72,5	72,5		145,0	155,0	160,0	160,0	**332,5**		2	56,18	Q	
74	Xander Nel	PP	72,65	Mar-04	140,0	155,0	167,5	167,5		80,0	90,0	-95,0	90,0		165,0	175,0	190,0	190,0	**447,5**		1	66,33	Q	
	Sonu Singh	Ind	73,35	Jul-04	140,0	150,0	155,0	155,0		80,0	90,0	-92,5	90,0		160,0	180,0	202,5	202,5	**447,5**		2	66,00	Q	
	Avishai Eilim	Bull	71,95	May-04	120,0	130,0	140,0	140,0		95,0	100,0	105,0	105,0		157,5	165,0	-170,0	165,0	**410,0**		3	61,08	Q	
	Gabriel Hore	Ind	66,01	Jun-06	107,5	117,5	-127,5	117,5		75,0	82,5	87,5	87,5		120,0	132,5	140,0	140,0	**345,0**		4	53,78	Q	
	Dean Smit	Bull	71,50	Oct-04	-90,0	90,0	100,0	100,0		60,0	65,0	-67,5	65,0		130,0	140,0	150,0	150,0	**315,0**		5	47,08	Q	
83	Izak Kriel	Ind	79,85	Jun-05	-175,0	175,0	-180,0	175,0		-130,0	-135,0	135,0	135,0		180,0	200,0	-205,0	200,0	**510,0**	**Best SJ**	1	72,00	Q	
	Jonah Carr	Bull	81,10	Mar-05	150,0	167,5	172,5	172,5		100,0	110,0	115,0	115,0		170,0	195,0	-202,5	195,0	**482,5**		2	67,58	Q	
	Daniel Lacob	EMET	78,60	Dec-05	125,0	127,5	132,5	132,5		80,0	82,5	-87,5	82,5		145,0	155,0	-165,0	155,0	**370,0**		3	52,66	Q	
	Benyomin Boshof	2	82,95	Jan-04	85,0	95,0	-105,0	95,0		45,0	52,5	55,0	55,0		145,0	160,0	-175,0	160,0	**310,0**		4	42,93	Q	
93	Jordan Albertyn	Bull	90,65	Apr-04	170,0	185,0	200,0	200,0		90,0	100,0	105,0	105,0		200,0	220,0	235,0	235,0	**540,0**		1	71,53	Q	
	Jean-Pierre Blom	SoS	86,80	Aug-06	150,0	160,0	-167,5	160,0		95,0	100,0	-102,5	100,0		145,0	157,5	167,5	167,5	**427,5**		2	57,86	Q	
	Jeff Du Toit	Ind	91,55	Mar-04	110,0	130,0	150,0	150,0		60,0	70,0	75,0	75,0		140,0	160,0	180,0	180,0	**405,0**		3	53,39	Q	
105	Conor Buck	Bull	102,85	Mar-04	190,0	207,5	212,5	212,5		97,5	107,5	110,0	110,0		210,0	230,0	-245,0	230,0	**552,5**		1	68,88	Q	
	Matthew Mcmenamin	Yard	98,55	Sep-04	150,0	-167,5	175,0	175,0		90,0	97,5	-105,0	97,5		155,0	170,0	190,0	190,0	**462,5**		2	58,84	Q	
	Stephan Jacobsz	Ind	95,35	Apr-05	-100,0	100,0	130,0	130,0		75,0	90,0	0,0	90,0		120,0	140,0	-160,0	140,0	**360,0**		3	46,53	Q	
	Chad Goldberg	2	105,00	Jan-07	80,0	90,0	100,0	100,0		70,0	-75,0	-77,5	70,0		120,0	135,0	-145,0	135,0	**305,0**		4	37,66	Q	
120	Taariq Osman	Bull	115,40	Jan-05	200,0	220,0	230,0	230,0		105,0	-115,0	120,0	120,0		210,0	230,0	-245,0	230,0	**580,0**		1	68,59	Q	
Junior																								
53	Tshepo Mulaudzi	Ind	51,15	Aug-01	70,0	90,0	110,0	110,0		60,0	80,0	-90,0	80,0		100,0	130,0	145,0	145,0	**335,0**		1	59,85	Q	
66	James Mc Ilree	Bull	65,10	Oct-00	130,0	140,0	145,0	145,0		-90,0	90,0	97,5	97,5		160,0	172,5	-182,5	172,5	**415,0**		1	65,16	Q	

74	Wynand Kuhn	Rass	71,65	Feb-99	150,0	165,0	-180,0	165,0		110,0	120,0	-132,5	120,0		200,0	202,5	235,0	235,0	**520,0**		1	77,63	Q	
	Karabo Manamela	Ind	73,15	Dec-99	-160,0	160,0	180,0	180,0		100,0	110,0	120,0	120,0		200,0	220,0	-225,0	220,0	**520,0**		2	76,80	Q	
	Sechaba Mashinini	1610	72,50	May-03	145,0	157,5	170,0	170,0		92,5	97,5	102,5	102,5		175,0	190,0	-200,0	190,0	**462,5**		3	68,63	Q	
	Nardus Snyman	Ind	72,95	Mar-03	130,0	-140,0	140,0	140,0		70,0	75,0	80,0	80,0		-140,0	150,0	170,0	170,0	**390,0**		4	57,68	Q	
83	Arno Nieuwenhuizen	Bull	82,65	Dec-99	210,0	-230,0	230,0	230,0		120,0	130,0	0,0	130,0		260,0	280,0	0,0	280,0	**640,0**	**Best Junior**	1	88,78	Q	
	Luqmaan Abed	Ind	82,65	Nov-99	185,0	-195,0	197,5	197,5		125,0	132,5	-135,0	132,5		245,0	255,0	262,5	262,5	**592,5**		2	82,19	Q	
	Grant O'Donoghue	1610	82,05	Aug-99	190,0	200,0	205,0	205,0		110,0	115,0	117,5	117,5		225,0	235,0	242,5	242,5	**565,0**		3	78,67	Q	
	Michael Huisamen	Bull	79,70	May-01	170,0	180,0	-190,0	180,0		110,0	120,0	130,0	130,0		200,0	220,0	240,0	240,0	**550,0**		4	77,72	Q	
	Tyler Osborn	Ind	79,30	Apr-99	172,5	185,0	192,5	192,5		120,0	-130,0	130,0	130,0		200,0	-215,0	220,0	220,0	**542,5**		5	76,86	Q	
	Tyron Hore	Ind	77,10	Dec-03	-165,0	165,0	175,0	175,0		85,0	95,0	100,0	100,0		177,5	192,5	200,0	200,0	**475,0**		6	68,27	Q	
	Connor Reynolds	1610	74,30	Oct-03	120,0	130,0	140,0	140,0		75,0	-85,0	85,0	85,0		170,0	180,0	185,0	185,0	**410,0**		7	60,07	Q	
93	Daniel Duke	Bull	92,60	Jul-00	170,0	185,0	190,0	190,0		150,0	160,0	-165,0	160,0		190,0	205,0	225,0	225,0	**575,0**		1	75,38	Q	
	Ross O'Donoghue	1610	90,50	Jun-01	140,0	155,0	165,0	165,0		105,0	112,5	117,5	117,5		200,0	215,0	220,0	220,0	**502,5**		2	66,62	Q	
	Gaurav Lall	Ind	87,85	Apr-00	160,0	180,0	-190,0	180,0		100,0	110,0	-115,0	110,0		180,0	200,0	-220,0	200,0	**490,0**		3	65,93	Q	
105	Liam Karovsky	Bull	98,20	Nov-01	200,0	215,0	230,0	230,0		120,0	130,0	140,0	140,0		240,0	260,0	-280,0	260,0	**630,0**		1	80,28	Q	
	Josh Sass	EMET	105,00	Jun-03	160,0	180,0	-195,0	180,0		-115,0	115,0	-117,5	115,0		220,0	230,0	-240,0	230,0	**525,0**		2	64,82	Q	
	Neal Goosen	Ind	100,70	Jan-03	165,0	175,0	180,0	180,0		100,0	102,5	105,0	105,0		175,0	185,0	195,0	195,0	**480,0**		3	60,44	Q	
	Lucas Kleiner	1610	103,25	Dec-03	130,0	145,0	155,0	155,0		80,0	92,5	100,0	100,0		170,0	185,0	-195,0	185,0	**440,0**		4	54,75	Q	
120	Jordan Kaplan	SoS	111,80	Sep-00	190,0	205,0	-210,0	205,0		110,0	117,5	122,5	122,5		200,0	212,5	220,0	220,0	**547,5**		1	65,68	Q	
Open																								
59	Tshepo Mulaudzi	Ind	51,15	Aug-01	70,0	90,0	110,0	110,0		60,0	80,0	-90,0	80,0		100,0	130,0	145,0	145,0	**335,0**		1	59,85		
	Rafi Saacks	2	56,95	Oct-05	100,0	110,0	-125,0	110,0		55,0	60,0	-65,0	60,0		155,0	165,0	170,0	170,0	**340,0**		1	57,34		
	Daniel Saacks	2	56,75	Jun-07	90,0	100,0	-105,0	100,0		60,0	65,0	72,5	72,5		145,0	155,0	160,0	160,0	**332,5**		2	56,18		
66	James Mc llree	Bull	65,10	Oct-00	130,0	140,0	145,0	145,0		-90,0	90,0	97,5	97,5		160,0	172,5	-182,5	172,5	**415,0**		1	65,16	Q	
74	Ruben Van Der Linde	Rass	73,00	Dec-98	180,0	200,0	215,0	215,0		105,0	115,0	122,5	122,5		200,0	220,0	235,0	235,0	**572,5**		1	84,64	Q	
	Wynand Kuhn	Rass	71,65	Feb-99	150,0	165,0	-180,0	165,0		110,0	120,0	-132,5	120,0		200,0	202,5	235,0	235,0	**520,0**		2	77,63	Q	
	Karabo Manamela	Ind	73,15	Dec-99	-160,0	160,0	180,0	180,0		100,0	110,0	120,0	120,0		200,0	220,0	-225,0	220,0	**520,0**		3	76,80	Q	
	Sulaiman Motala	1610	73,40	May-92	160,0	165,0	170,0	170,0		105,0	112,5	-120,0	112,5		190,0	205,0	215,0	215,0	**497,5**		4	73,35	Q	
	Sechaba Mashinini	1610	72,50	May-03	145,0	157,5	170,0	170,0		92,5	97,5	102,5	102,5		175,0	190,0	-200,0	190,0	**462,5**		5	68,63	Q	
	Thabang Motloung	Yard	73,70	Mar-88	120,0	132,5	145,0	145,0		95,0	105,0	112,5	112,5		160,0	180,0	200,0	200,0	**457,5**		6	67,31	Q	
	Xander Nel	PP	72,65	Mar-04	140,0	155,0	167,5	167,5		80,0	90,0	-95,0	90,0		165,0	175,0	190,0	190,0	**447,5**		7	66,33	Q	
	Sonu Singh	Ind	73,35	Jul-04	140,0	150,0	155,0	155,0		80,0	90,0	-92,5	90,0		160,0	180,0	202,5	202,5	**447,5**		8	66,00	Q	
	Andrew Leisegang	1610	70,00	May-89	125,0	132,5	-145,0	132,5		100,0	-107,5	107,5	107,5		180,0	200,0	-210,0	200,0	**440,0**		9	66,50	Q	
	Avishai Eilim	Bull	71,95	May-04	120,0	130,0	140,0	140,0		95,0	100,0	105,0	105,0		157,5	165,0	-170,0	165,0	**410,0**		10	61,08		
	Kieren Herholdt	Ind	70,20	Oct-98	147,5	-152,5	-165,0	147,5		87,5	-95,0	-95,0	87,5		160,0	167,5	-175,0	167,5	**402,5**		11	60,74		
	Nardus Snyman	Ind	72,95	Mar-03	130,0	-140,0	140,0	140,0		70,0	75,0	80,0	80,0		-140,0	150,0	170,0	170,0	**390,0**		12	57,68		
	Gabriel Hore	Ind	66,01	Jun-06	107,5	117,5	-127,5	117,5		75,0	82,5	87,5	87,5		120,0	132,5	140,0	140,0	**345,0**		13	53,78		
	Dean Smit	Bull	71,50	Oct-04	-90,0	90,0	100,0	100,0		60,0	65,0	-67,5	65,0		130,0	140,0	150,0	150,0	**315,0**		14	47,08		
	Andrew Dunn	Ind	72,30	May-63	100,0	107,5	-115,0	107,5		60,0	65,0	67,5	67,5		125,0	135,0	140,0	140,0	**315,0**		15	46,81		
	Andrew Rindel	Bull	68,30	Sep-66	60,0	70,0	-80,0	70,0		40,0	45,0	50,0	50,0		90,0	100,0	105,0	105,0	**225,0**		16	34,45		
	Glen Van Der Linde	Ind	71,10	Mar-71	120,0	130,0	140,0	140,0		-107,5	0,0		0,0		0,0			0,0	**0,0**			0,00		
83	Arno Nieuwenhuizen	Bull	82,65	Dec-99	210,0	-230,0	230,0	230,0		120,0	130,0	0,0	130,0		260,0	280,0	0,0	280,0	**640,0**		1	88,78	Q	
	Jean Elie Mwamba	2	81,85	Feb-98	200,0	215,0	225,0	225,0		120,0	132,5	140,0	140,0		-240,0	-240,0	260,0	260,0	**625,0**		2	87,13	Q	

	Chad Govington	SoS	77,80	Dec-85	190,0	205,0	215,0	215,0		145,0	155,0	-160,0	155,0		227,5	240,0	252,5	252,5	**622,5**		3	89,06	Q	
	Jason Knowles	1610	82,20	Jul-97	215,0	230,0	235,0	235,0		125,0	135,0	137,5	137,5		225,0	237,5	250,0	250,0	**622,5**		4	86,59	Q	
	Luqmaan Abed	Ind	82,65	Nov-99	185,0	-195,0	197,5	197,5		125,0	132,5	-135,0	132,5		245,0	255,0	262,5	262,5	**592,5**		5	82,19	Q	
	Chris Forget	SoS	81,95	Nov-79	205,0	217,5	225,0	225,0		110,0	117,5	120,0	120,0		220,0	240,0	245,0	245,0	**590,0**		6	82,20	Q	
	Marlon Daniels	SoS	81,95	Nov-75	205,0	215,0	220,0	220,0		150,0	-157,5	-157,5	150,0		180,0	200,0	217,5	217,5	**587,5**		7	81,85	Q	
	Leereshen Gounden	Bull	80,60	Apr-90	185,0	195,0	-205,0	195,0		115,0	122,5	127,5	127,5		245,0	-255,0	257,5	257,5	**580,0**		8	81,49	Q	
	Grant O'Donoghue	1610	82,05	Aug-99	190,0	200,0	205,0	205,0		110,0	115,0	117,5	117,5		225,0	235,0	242,5	242,5	**565,0**		9	78,67	Q	
	Conrad Dippenaar	Ind	80,85	Jan-90	170,0	185,0	195,0	195,0		125,0	135,0	-140,0	135,0		210,0	225,0	0,0	225,0	**555,0**		10	77,86	Q	
	Nishalin Govender	Ind	79,00	May-92	170,0	180,0	190,0	190,0		100,0	110,0	-117,5	110,0		230,0	245,0	252,5	252,5	**552,5**		11	78,43	Q	
	Michael Huisamen	Bull	79,70	May-01	170,0	180,0	-190,0	180,0		110,0	120,0	130,0	130,0		200,0	220,0	240,0	240,0	**550,0**		12	77,72	Q	
	Tyler Osborn	Ind	79,30	Apr-99	172,5	185,0	192,5	192,5		120,0	-130,0	130,0	130,0		200,0	-215,0	220,0	220,0	**542,5**		13	76,86	Q	
	Darius Sangari	Yard	77,50	May-94	170,0	180,0	190,0	190,0		137,5	145,0	150,0	150,0		190,0	0,0	0,0	190,0	**530,0**		14	75,97	Q	
	Izak Kriel	Ind	79,85	Jun-05	-175,0	175,0	-180,0	175,0		-130,0	-135,0	135,0	135,0		180,0	200,0	-205,0	200,0	**510,0**		15	72,00	Q	
	Jonah Carr	Bull	81,10	Mar-05	150,0	167,5	172,5	172,5		100,0	110,0	115,0	115,0		170,0	195,0	-202,5	195,0	**482,5**		16	67,58	Q	
	Tyron Hore	Ind	77,10	Dec-03	-165,0	165,0	175,0	175,0		85,0	95,0	100,0	100,0		177,5	192,5	200,0	200,0	**475,0**		17	68,27	Q	
	Jonathan Kariv	Bar	76,50	Nov-83	165,0	0,0	0,0	165,0		125,0	135,0	145,0	145,0		150,0	0,0	0,0	150,0	**460,0**		18	66,38	Q	
	Dennis Barrett	Bar	79,75	Dec-89	150,0	160,0	165,0	165,0		95,0	102,5	110,0	110,0		170,0	185,0	-187,5	185,0	**460,0**		19	64,98	Q	
	Dylan Van Houten	PP	82,65	Apr-88	170,0	0,0	0,0	170,0		100,0	110,0	0,0	110,0		180,0	0,0	0,0	180,0	**460,0**		20	63,81	Q	
	Rishal Ramparsad	Bull	81,20	Jan-81	160,0	-170,0	170,0	170,0		90,0	100,0	105,0	105,0		160,0	-185,0	-185,0	160,0	**435,0**		21	60,89		
	Lebogang Msimanga	Yard	81,90	Feb-97	-135,0	140,0	-150,0	140,0		-95,0	105,0	-115,0	105,0		155,0	170,0	180,0	180,0	**425,0**		22	59,23		
	Connor Reynolds	1610	74,30	Oct-03	120,0	130,0	140,0	140,0		75,0	-85,0	85,0	85,0		170,0	180,0	185,0	185,0	**410,0**		23	60,07		
	Daniel Lacob	EMET	78,60	Dec-05	125,0	127,5	132,5	132,5		80,0	82,5	-87,5	82,5		145,0	155,0	-165,0	155,0	**370,0**		24	52,66		
	Yaniv Lacob	EMET	78,00	Dec-74	115,0	125,0	-130,0	125,0		105,0	-115,0	-115,0	105,0		110,0	120,0	-135,0	120,0	**350,0**		25	50,01		
	Benyomin Boshof	2	82,95	Jan-04	85,0	95,0	-105,0	95,0		45,0	52,5	55,0	55,0		145,0	160,0	-175,0	160,0	**310,0**		26	42,93		
	Gregory Flugel	SoS	81,85	Feb-54	85,0	95,0	-102,5	95,0		70,0	75,0	-80,0	75,0		105,0	122,5	130,0	130,0	**300,0**		27	41,82		
93	Archie Ayekpa	SoS	90,55	Apr-85	215,0	230,0	240,0	240,0		155,0	162,5	-167,5	162,5		240,0	260,0	-270,0	260,0	**662,5**		1	87,81	Q	
	Bandile Khuzwayo	Bull	91,20	Feb-90	200,0	220,0	230,0	230,0		120,0	130,0	-135,0	130,0		240,0	260,0	277,5	277,5	**637,5**		2	84,20	Q	
	Nkosinathi Ntuli	Bull	92,15	Aug-97	200,0	230,0	240,0	240,0		120,0	130,0	137,5	137,5		-240,0	-260,0	260,0	260,0	**637,5**		3	83,77	Q	
	Ryan Stopforth	Yard	92,85	May-85	180,0	200,0	210,0	210,0		130,0	140,0	147,5	147,5		190,0	210,0	230,0	230,0	**587,5**		4	76,92	Q	
	Calum Harding	Ind	92,80	Jun-98	-192,5	197,5	-205,0	197,5		132,5	140,0	-145,0	140,0		215,0	227,5	240,0	240,0	**577,5**		5	75,63	Q	
	Daniel Duke	Bull	92,60	Jul-00	170,0	185,0	190,0	190,0		150,0	160,0	-165,0	160,0		190,0	205,0	225,0	225,0	**575,0**		6	75,38	Q	
	Khotso Thekiso	1610	88,05	Jul-98	150,0	160,0	170,0	170,0		105,0	112,5	115,0	115,0		250,0	260,0	270,0	270,0	**555,0**		7	74,59	Q	
	Joshua Standers	Yard	91,00	Mar-94	160,0	180,0	190,0	190,0		135,0	145,0	-152,5	145,0		180,0	205,0	220,0	220,0	**555,0**		8	73,38	Q	
	Jordan Albertyn	Bull	90,65	Apr-04	170,0	185,0	200,0	200,0		90,0	100,0	105,0	105,0		200,0	220,0	235,0	235,0	**540,0**		9	71,53	Q	
	Johann Meyer	Bull	85,00	Aug-81	160,0	170,0	180,0	180,0		120,0	-130,0	-130,0	120,0		180,0	-212,5	215,0	215,0	**515,0**		10	70,44	Q	
	Gerhard Rabie	1610	87,70	May-92	160,0	165,0	175,0	175,0		105,0	110,0	117,5	117,5		200,0	220,0	-240,0	220,0	**512,5**		11	69,01	Q	
	Ross O'Donoghue	1610	90,50	Jun-01	140,0	155,0	165,0	165,0		105,0	112,5	117,5	117,5		200,0	215,0	220,0	220,0	**502,5**		12	66,62	Q	
	Ryan Miller	Bar	87,70	May-85	170,0	0,0	0,0	170,0		140,0	0,0	0,0	140,0		180,0	0,0	0,0	180,0	**490,0**		13	65,98	Q	
	Gaurav Lall	Ind	87,85	Apr-00	160,0	180,0	-190,0	180,0		100,0	110,0	-115,0	110,0		180,0	200,0	-220,0	200,0	**490,0**		14	65,93	Q	
	Jorncy Page	Bar	92,45	Sep-72	150,0	160,0	170,0	170,0		100,0	110,0	120,0	120,0		150,0	180,0	200,0	200,0	**490,0**		15	64,29	Q	
	Yohan Assous	SoS	89,70	Aug-76	150,0	-162,5	-162,5	150,0		100,0	110,0	117,5	117,5		200,0	-215,0	-215,0	200,0	**467,5**		16	62,25		
	Warren Du Toit	1610	87,70	Mar-84	130,0	145,0	-150,0	145,0		100,0	105,0	112,5	112,5		160,0	177,5	190,0	190,0	**447,5**		17	60,26		
	Alan Ridgard	1610	90,50	Mar-66	120,0	130,0	140,0	140,0		97,5	105,0	110,0	110,0		165,0	180,0	185,0	185,0	**435,0**		18	57,67		
	Jean-Pierre Blom	SoS	86,80	Aug-06	150,0	160,0	-167,5	160,0		95,0	100,0	-102,5	100,0		145,0	157,5	167,5	167,5	**427,5**		19	57,86		
	Jeff Du Toit	Ind	91,55	Mar-04	110,0	130,0	150,0	150,0		60,0	70,0	75,0	75,0		140,0	160,0	180,0	180,0	**405,0**		20	53,39		
105	Nick Duarte	SoS	97,95	Dec-95	200,0	215,0	220,0	220,0		165,0	-170,0	170,0	170,0		220,0	240,0	255,0	255,0	**645,0**		1	82,29	Q	
	Gerhard Fourie	Bar	96,05	Jan-97	200,0	220,0	240,0	240,0		150,0	155,0	157,5	157,5		210,0	230,0	245,0	245,0	**642,5**		2	82,75	Q	
	Christo Schoonraad	Bull	104,25	Mar-63	230,0	240,0	250,0	250,0		117,5	125,0	-130,0	125,0		230,0	255,0	265,0	265,0	**640,0**		3	79,28	Q	
	Liam Karovsky	Bull	98,20	Nov-01	200,0	215,0	230,0	230,0		120,0	130,0	140,0	140,0		240,0	260,0	-280,0	260,0	**630,0**		4	80,28	Q	
	Johnny Dam	SoS	101,30	Dec-69	190,0	205,0	217,5	217,5		145,0	155,0	162,5	162,5		210,0	230,0	-250,0	230,0	**610,0**		5	76,59	Q	

	Jerry Botha	1610	95,00	Nov-74	160,0	180,0	0,0	180,0		-135,0	135,0	145,0	145,0		235,0	-245,0	-245,0	235,0	**560,0**		6	72,51	Q	
	Conor Buck	Bull	102,85	Mar-04	190,0	207,5	212,5	212,5		97,5	107,5	110,0	110,0		210,0	230,0	-245,0	230,0	**552,5**		7	68,88	Q	
	Daniel Robertson	1610	97,55	Jan-94	160,0	170,0	180,0	180,0		125,0	-132,5	-132,5	125,0		200,0	215,0	230,0	230,0	**535,0**		8	68,39	Q	
	Dirko Smuts	Ind	102,00	Jul-93	200,0	0,0		200,0		130,0	150,0	165,0	165,0		170,0	0,0		170,0	**535,0**		9	66,96	Q	
	Josh Sass	EMET	105,00	Jun-03	160,0	180,0	-195,0	180,0		-115,0	115,0	-117,5	115,0		220,0	230,0	-240,0	230,0	**525,0**		10	64,82	Q	
	Malcolm Chadwick	1610	100,95	Apr-96	160,0	175,0	185,0	185,0		112,5	-122,5	-127,5	112,5		180,0	200,0	-222,5	200,0	**497,5**		11	62,57		
	Neal Goosen	Ind	100,70	Jan-03	165,0	175,0	180,0	180,0		100,0	102,5	105,0	105,0		175,0	185,0	195,0	195,0	**480,0**		12	60,44		
	Neil Pryce	Yard	96,35	Dec-71	135,0	145,0	155,0	155,0		100,0	107,5	115,0	115,0		175,0	185,0	195,0	195,0	**465,0**		13	59,80		
	Matthew Mcmenamin	Yard	98,55	Sep-04	150,0	-167,5	175,0	175,0		90,0	97,5	-105,0	97,5		155,0	170,0	190,0	190,0	**462,5**		14	58,84		
	Lucas Kleiner	1610	103,25	Dec-03	130,0	145,0	155,0	155,0		80,0	92,5	100,0	100,0		170,0	185,0	-195,0	185,0	**440,0**		15	54,75		
	Chris Da Costa	1610	95,35	Apr-82	-120,0	-120,0	120,0	120,0		95,0	105,0	115,0	115,0		155,0	170,0	185,0	185,0	**420,0**		16	54,28		
	Derek Hayden	Bull	100,10	Feb-68	120,0	-140,0	150,0	150,0		90,0	-100,0	-105,0	90,0		160,0	180,0	-192,5	180,0	**420,0**		17	53,03		
	Stephan Jacobsz	Ind	95,35	Apr-05	-100,0	100,0	130,0	130,0		75,0	90,0	0,0	90,0		120,0	140,0	-160,0	140,0	**360,0**		18	46,53		
	Chad Goldberg	2	105,00	Jan-07	80,0	90,0	100,0	100,0		70,0	-75,0	-77,5	70,0		120,0	135,0	-145,0	135,0	**305,0**		19	37,66		
120	Francois Maritz	Chaos	119,65	Mar-93	260,0	280,0	300,0	300,0		180,0	195,0	210,0	210,0		260,0	300,0	0,0	300,0	**810,0**	**Best Open**	1	94,28	Q	
	Brandon Bezuidenhout	Bull	113,85	Dec-93	200,0	220,0	0,0	220,0		160,0	170,0	0,0	170,0		250,0	270,0	280,0	280,0	**670,0**		2	79,72	Q	
	Derik Van Wyk	1610	112,75	Aug-86	235,0	245,0	252,5	252,5		-140,0	140,0	145,0	145,0		230,0	240,0	247,5	247,5	**645,0**		3	77,08	Q	
	Nick Da Luz	Ind	120,00	Jul-76	200,0	220,0	230,0	230,0		140,0	150,0	160,0	160,0		220,0	240,0	255,0	255,0	**645,0**		4	74,98	Q	
	Hermanus De Beer	Ind	116,15	Apr-70	180,0	200,0	-220,0	200,0		125,0	135,0	145,0	145,0		250,0	270,0	290,0	290,0	**635,0**		5	74,88	Q	
	Edlyn Serge	Bull	114,95	Mar-84	180,0	200,0	215,0	215,0		140,0	150,0	155,0	155,0		200,0	230,0	250,0	250,0	**620,0**		6	73,45	Q	
	Koos Du Toit	Ind	114,60	Mar-73	180,0	-200,0	210,0	210,0		130,0	140,0	-145,0	140,0		240,0	260,0	-270,0	260,0	**610,0**		7	72,37	Q	
	Newton Mudau	1610	114,95	Apr-81	200,0	215,0	225,0	225,0		145,0	155,0	-162,5	155,0		165,0	185,0	205,0	205,0	**585,0**		8	69,31	Q	
	Taariq Osman	Bull	115,40	Jan-05	200,0	220,0	230,0	230,0		105,0	-115,0	120,0	120,0		210,0	230,0	-245,0	230,0	**580,0**		9	68,59	Q	
	Denis Bensch	Bull	118,70	Dec-65	180,0	200,0	215,0	215,0		120,0	-130,0	130,0	130,0		190,0	215,0	220,0	220,0	**565,0**		10	65,99	Q	
	Jordan Kaplan	SoS	111,80	Sep-00	190,0	205,0	-210,0	205,0		110,0	117,5	122,5	122,5		200,0	212,5	220,0	220,0	**547,5**		11	65,68	Q	
	Dries Du Plessis	Bull	115,10	Jan-77	165,0	175,0	180,0	180,0		135,0	140,0	142,5	142,5		200,0	-225,0	225,0	225,0	**547,5**		12	64,83	Q	
	John Crain	EMET	116,70	Dec-69	150,0	-180,0	-180,0	150,0		150,0	160,0	-165,0	160,0		220,0	235,0	-245,0	235,0	**545,0**		13	64,14	Q	
120+	Matt Bekker	1610	132,30	Apr-94	240,0	260,0	272,5	272,5		170,0	180,0	185,0	185,0		270,0	300,0	310,0	310,0	**767,5**		1	85,60	Q	
	Abel Moodley	Bull	125,80	Aug-92	270,0	280,0	290,0	290,0		140,0	150,0	162,5	162,5		272,5	280,0	-292,5	280,0	**732,5**		2	83,44	Q	
	Simon Breetzke	1610	132,50	Jun-78	235,0	250,0	260,0	260,0		180,0	-190,0	-190,0	180,0		215,0	222,5	235,0	235,0	**675,0**		3	75,24	Q	
	Shawn Marx	Bull	132,40	Aug-92	230,0	240,0	-250,0	240,0		140,0	150,0	-152,5	150,0		250,0	270,0	-285,0	270,0	**660,0**		4	73,59	Q	
	Adam Stein	2	128,95	Nov-87	175,0	190,0	195,0	195,0		130,0	140,0	145,0	145,0		200,0	215,0	225,0	225,0	**565,0**		5	63,69	Q	
	Werner Koekemoer	Bull	189,00	Dec-76	180,0	-190,0	190,0	190,0		140,0	150,0	160,0	160,0		157,5	190,0	210,0	210,0	**560,0**		6	54,91	Q	
	Ian Furman	GMBC	131,45	Jun-67	150,0	165,0	175,0	175,0		187,5	195,0	202,5	202,5		150,0	0,0		150,0	**527,5**		7	58,99		
Master 1																								
83	Chris Forget	SoS	81,95	Nov-79	205,0	217,5	225,0	225,0		110,0	117,5	120,0	120,0		220,0	240,0	245,0	245,0	**590,0**	**Best M1**	1	82,20	Q	
	Marlon Daniels	SoS	81,95	Nov-75	205,0	215,0	220,0	220,0		150,0	-157,5	-157,5	150,0		180,0	200,0	217,5	217,5	**587,5**		2	81,85	Q	
	Rishal Ramparsad	Bull	81,20	Jan-81	160,0	-170,0	170,0	170,0		90,0	100,0	105,0	105,0		160,0	-185,0	-185,0	160,0	**435,0**		3	60,89	Q	
	Yaniv Lacob	EMET	78,00	Dec-74	115,0	125,0	-130,0	125,0		105,0	-115,0	-115,0	105,0		110,0	120,0	-135,0	120,0	**350,0**		4	50,01		
93	Johann Meyer	Bull	85,00	Aug-81	160,0	170,0	180,0	180,0		120,0	-130,0	-130,0	120,0		180,0	-212,5	215,0	215,0	**515,0**		1	70,44	Q	
	Yohan Assous	SoS	89,70	Aug-76	150,0	-162,5	-162,5	150,0		100,0	110,0	117,5	117,5		200,0	-215,0	-215,0	200,0	**467,5**		2	62,25	Q	
105	Jerry Botha	1610	95,00	Nov-74	160,0	180,0	0,0	180,0		-135,0	135,0	145,0	145,0		235,0	-245,0	-245,0	235,0	**560,0**		1	72,51	Q	
	Chris Da Costa	1610	95,35	Apr-82	-120,0	-120,0	120,0	120,0		95,0	105,0	115,0	115,0		155,0	170,0	185,0	185,0	**420,0**		2	54,28		
120	Nick Da Luz	Ind	120,00	Jul-76	200,0	220,0	230,0	230,0		140,0	150,0	160,0	160,0		220,0	240,0	255,0	255,0	**645,0**		1	74,98	Q	
	Koos Du Toit	Ind	114,60	Mar-73	180,0	-200,0	210,0	210,0		130,0	140,0	-145,0	140,0		240,0	260,0	-270,0	260,0	**610,0**		2	72,37	Q	
	Newton Mudau	1610	114,95	Apr-81	200,0	215,0	225,0	225,0		145,0	155,0	-162,5	155,0		165,0	185,0	205,0	205,0	**585,0**		3	69,31	Q	

	Dries Du Plessis	Bull	115,10	Jan-77	165,0	175,0	180,0	180,0		135,0	140,0	142,5	142,5		200,0	~~-225,0~~	225,0	225,0	**547,5**		4	64,83	Q	
120+	Simon Breetzke	1610	132,50	Jun-78	235,0	250,0	260,0	260,0		180,0	~~-190,0~~	~~-190,0~~	180,0		215,0	222,5	235,0	235,0	**675,0**		1	75,24	Q	
	Werner Koekemoer	Bull	189,00	Dec-76	180,0	~~-190,0~~	190,0	190,0		140,0	150,0	160,0	160,0		157,5	190,0	210,0	210,0	**560,0**		2	54,91	Q	
Master 2																								
74	Andrew Dunn	Ind	72,30	May-63	100,0	107,5	~~-115,0~~	107,5		60,0	65,0	67,5	67,5		125,0	135,0	140,0	140,0	**315,0**		1	46,81		
	Andrew Rindel	Bull	68,30	Sep-66	60,0	70,0	~~-80,0~~	70,0		40,0	45,0	50,0	50,0		90,0	100,0	105,0	105,0	**225,0**		2	34,45		
	Glen Van Der Linde	Ind	71,10	Mar-71	120,0	130,0	140,0	140,0		~~-107,5~~	0,0		0,0		0,0			0,0	**0,0**			0,00		
93	Jorncy Page	Bar	92,45	Sep-72	150,0	160,0	170,0	170,0		100,0	110,0	120,0	120,0		150,0	180,0	200,0	200,0	**490,0**		1	64,29	Q	
	Alan Ridgard	1610	90,50	Mar-66	120,0	130,0	140,0	140,0		97,5	105,0	110,0	110,0		165,0	180,0	185,0	185,0	**435,0**		2	57,67	Q	
105	Christo Schoonraad	Bull	104,25	Mar-63	230,0	240,0	250,0	250,0		117,5	125,0	~~-130,0~~	125,0		230,0	255,0	265,0	265,0	**640,0**	**Best M2**	1	79,28	Q	
	Johnny Dam	SoS	101,30	Dec-69	190,0	205,0	217,5	217,5		145,0	155,0	162,5	162,5		210,0	230,0	~~-250,0~~	230,0	**610,0**		2	76,59	Q	
	Neil Pryce	Yard	96,35	Dec-71	135,0	145,0	155,0	155,0		100,0	107,5	115,0	115,0		175,0	185,0	195,0	195,0	**465,0**		3	59,80	Q	
	Derek Hayden	Bull	100,10	Feb-68	120,0	~~-140,0~~	150,0	150,0		90,0	~~-100,0~~	~~-105,0~~	90,0		160,0	180,0	~~-192,5~~	180,0	**420,0**		4	53,03		
120	Hermanus De Beer	Ind	116,15	Apr-70	180,0	200,0	~~-220,0~~	200,0		125,0	135,0	145,0	145,0		250,0	270,0	290,0	290,0	**635,0**		1	74,88	Q	
	Denis Bensch	Bull	118,70	Dec-65	180,0	200,0	215,0	215,0		120,0	~~-130,0~~	130,0	130,0		190,0	215,0	220,0	220,0	**565,0**		2	65,99	Q	
	John Crain	EMET	116,70	Dec-69	150,0	~~-180,0~~	~~-180,0~~	150,0		150,0	160,0	~~-165,0~~	160,0		220,0	235,0	~~-245,0~~	235,0	**545,0**		3	64,14	Q	
120+	Ian Furman	GMBC	131,45	Jun-67	150,0	165,0	175,0	175,0		187,5	195,0	202,5	202,5		150,0	0,0		150,0	**527,5**		1	58,99	Q	
Master 3																								
83	Gregory Flugel	SoS	81,85	Feb-54	85,0	95,0	~~-102,5~~	95,0		70,0	75,0	~~-80,0~~	75,0		105,0	122,5	130,0	130,0	**300,0**	**Best M3**	1	41,82	Q	
EQUIPPED POWERLIFTING WOMEN	**Name**	**Team**	**Bwt - kg**	**Birth Year**	**SQ-1**	**SQ-2**	**SQ-3**	**Best SQ**		**BP-1**	**BP-2**	**BP-3**	**Best BP**		**DL-1**	**DL-2**	**DL-3**	**Best DL**	**PL Total**		**Place**	**IPF GL Points**		
Open																								
57	Carol Anthony	SoS	55,55	May-66	105,0	115,0	122,5	122,5		50,0	55,0	57,5	57,5		105,0	125,0	~~-135,0~~	125,0	**305,0**	**Best Open**	1	59,43		Q
Master 2																								
57	Carol Anthony	SoS	55,55	May-66	105,0	115,0	122,5	122,5		50,0	55,0	57,5	57,5		105,0	125,0	~~-135,0~~	125,0	**305,0**	**Best M2**	1	59,43		Q
EQUIPPED POWERLIFTING MEN	**Name**	**Team**	**Bwt - kg**	**Birth Year**	**SQ-1**	**SQ-2**	**SQ-3**	**Best SQ**		**BP-1**	**BP-2**	**BP-3**	**Best BP**		**DL-1**	**DL-2**	**DL-3**	**Best DL**	**PL Total**		**Place**	**IPF GL Points**		
Open																								
83	Carel Jansen	SoS	81,95	Jun-76	155,0	170,0	180,0	180,0		115,0	122,5	127,5	127,5		200,0	222,5	230,0	230,0	**537,5**		1	62,53		
105	Johnny Dam	SoS	101,80	Dec-69	200,0	220,0	~~-240,0~~	220,0		170,0	180,0	190,0	190,0		210,0	230,0	~~-245,0~~	230,0	**640,0**	**Best Open**	1	66,36		Q
Master 1																								
83	Carel Jansen	SoS	81,95	Jun-76	155,0	170,0	180,0	180,0		115,0	122,5	127,5	127,5		200,0	222,5	230,0	230,0	**537,5**	**Best M1**	1	62,53		Q
Master 2																								
105	Johnny Dam	SoS	101,80	Dec-69	200,0	220,0	~~-240,0~~	220,0		170,0	180,0	190,0	190,0		210,0	230,0	~~-245,0~~	230,0	**640,0**	**Best M2**	1	66,36		Q